Search Institute

SURVEY SERVICES

# Me and My World

*Me and My World is a Search Institute survey of developmental assets for grades 4 through 6.*

**This is not a test you take for school grades. You are being asked to tell about yourself, your feelings, and the things you do.**

**DO NOT put your name on this form. Your answers will be kept private. This means no one will know which survey is yours.**

**Your school will get a report that put all students' answers together. No one will know how you answered these questions.**

**Thank you for filling out this survey honestly and carefully. Your answers will help the adults you know make your world a better place for you.**

## COMPLETION INSTRUCTIONS

- Use a blue or black pen.
- Place an "X" in the appropriate box or boxes.

RIGHT ☒ WRONG ✓ ○ /

- To change an answer, completely black out the wrong answer and put and "X" in the correct box as shown below.

CORRECT ANSWER ☒ INCORRECT ANSWER ■

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**1. How old are you?**

- ☐ 8
- ☐ 9
- ☐ 10
- ☐ 11
- ☐ 12
- ☐ 13 or older

**2. What grade are you in at school?**

- ☐ 4th
- ☐ 5th
- ☐ 6th

**3. Are you a boy or girl?**

- ☐ Boy
- ☐ Girl

**4. How do you describe yourself?**

***If you live in the United States, please choose one or more that apply to you from this list:***

- ☐ American Indian or Alaska Native
- ☐ Asian
- ☐ Black or African American
- ☐ Hispanic or Latino/Latina
- ☐ Native Hawaiian or Other Pacific Islander
- ☐ White
- ☐ Other _____

***If you live in Canada, please choose one or more that apply to you from this list:***

- ☐ Aboriginal
- ☐ Asian or Pacific Islander
- ☐ Black
- ☐ Latin American
- ☐ South Asian
- ☐ White
- ☐ Other _____

**In this booklet, parent or parents means the adults most responsible for taking care of you.**

**5. Which one of the following best describes your family?**

- ☐ I live with my two birth or biological parents.
- ☐ I live with my two adoptive parents.
- ☐ Sometimes I live with my mom and sometimes with my dad.
- ☐ I live with one parent.
- ☐ I live with one parent and one step-parent.
- ☐ I live with foster parents.
- ☐ I live with my grandparents or other adult relatives who take care of me.
- ☐ Other

## 1: ABOUT ME

**How much do you agree or disagree?**

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 6. I care about other people's feelings | ☐ | ☐ | ☐ | ☐ | ☐ |
| 7. I get along well with people who aren't the same race or culture as me | ☐ | ☐ | ☐ | ☐ | ☐ |
| 8. Most of the time, when I have a big job to do, I think about the things I need to do to get it done | ☐ | ☐ | ☐ | ☐ | ☐ |
| 9. I am always friendly | ☐ | ☐ | ☐ | ☐ | ☐ |
| 10. I always smile | ☐ | ☐ | ☐ | ☐ | ☐ |
| 11. I can calm myself down pretty quickly when I get mad | ☐ | ☐ | ☐ | ☐ | ☐ |

## How much do you agree or disagree?

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 12. I stop talking when adults ask me to stop | ☒ | ☒ | ☒ | ☒ | ☒ |
| 13. Kids can be my friends no matter what race or culture they are | ☒ | ☒ | ☒ | ☒ | ☒ |
| 14. It makes me sad to see a girl or boy who can't find anyone to play with | ☒ | ☒ | ☒ | ☒ | ☒ |
| 15. I am able to say no when someone wants me to do things that are wrong or dangerous | ☒ | ☒ | ☒ | ☒ | ☒ |
| 16. I almost always turn in my homework on time | ☒ | ☒ | ☒ | ☒ | ☒ |
| 17. I usually stay pretty calm when things don't go my way.. | ☒ | ☒ | ☒ | ☒ | ☒ |
| 18. I am good at doing a lot of things | ☒ | ☒ | ☒ | ☒ | ☒ |
| 19. I have special hobbies, skills, or talents | ☒ | ☒ | ☒ | ☒ | ☒ |
| 20. Most of the time, I like myself | ☒ | ☒ | ☒ | ☒ | ☒ |
| 21. If I set a goal, I feel as if I can reach it | ☒ | ☒ | ☒ | ☒ | ☒ |
| 22. Most of the time, I am glad to be me | ☒ | ☒ | ☒ | ☒ | ☒ |
| 23. I feel that I do not have much to be proud of | ☒ | ☒ | ☒ | ☒ | ☒ |
| 24. I feel as if I will be happy and successful as I grow up | ☒ | ☒ | ☒ | ☒ | ☒ |
| 25. I like thinking about what my future will be like | ☒ | ☒ | ☒ | ☒ | ☒ |
| 26. I feel hopeful when I think about my future | ☒ | ☒ | ☒ | ☒ | ☒ |
| 27. There are some adults in my life who talk to me about planning for my future | ☒ | ☒ | ☒ | ☒ | ☒ |
| 28. I am able to save my money for something I <u>really</u> want | ☒ | ☒ | ☒ | ☒ | ☒ |
| 29. Most of the time, I am good at staying away from people who will get me in trouble | ☒ | ☒ | ☒ | ☒ | ☒ |
| 30. It's easy for me to wait for something I want | ☒ | ☒ | ☒ | ☒ | ☒ |
| 31. Most of the time, I think carefully about what to do before I decide things | ☒ | ☒ | ☒ | ☒ | ☒ |

## How much do you agree or disagree?

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 32. Most of the time, I feel happy about the results of the decisions I make | ☐ | ☐ | ☐ | ☐ | ☐ |
| 33. It makes me happy to see other people who are happy | ☐ | ☐ | ☐ | ☐ | ☐ |
| 34. I feel as if I can solve most problems in my life | ☐ | ☐ | ☐ | ☐ | ☐ |
| 35. I am a confident person | ☐ | ☐ | ☐ | ☐ | ☐ |
| 36. Most of the time, when I make a decision, I think first about the good and bad things that can happen | ☐ | ☐ | ☐ | ☐ | ☐ |

## How often do you feel the following things?

| | A lot | Sometimes | A little | Never |
|---|---|---|---|---|
| 37. My life is just right | ☐ | ☐ | ☐ | ☐ |
| 38. I have a good life | ☐ | ☐ | ☐ | ☐ |

# 2: ABOUT MY FAMILY

## How much do you agree or disagree?

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 39. I get along well with my parents | ☐ | ☐ | ☐ | ☐ | ☐ |
| 40. My parents give me help and support | ☐ | ☐ | ☐ | ☐ | ☐ |
| 41. My parents let me know in lots of ways that they love me | ☐ | ☐ | ☐ | ☐ | ☐ |
| 42. If I were really worried about something, I would talk to my parents about it | ☐ | ☐ | ☐ | ☐ | ☐ |
| 43. It's easy to talk with my parents, even about things we don't agree on | ☐ | ☐ | ☐ | ☐ | ☐ |
| 44. My parents know what I am doing most of the time | ☐ | ☐ | ☐ | ☐ | ☐ |
| 45. My parents spend time helping other people | ☐ | ☐ | ☐ | ☐ | ☐ |
| 46. Sometimes, I'm afraid that someone in my family might hurt me | ☐ | ☐ | ☐ | ☐ | ☐ |
| 47. My parents try to do their best at whatever they do | ☐ | ☐ | ☐ | ☐ | ☐ |
| 48. My parents show me what is right and wrong | ☐ | ☐ | ☐ | ☐ | ☐ |
| 49. My parents expect me to be the best I can be | ☐ | ☐ | ☐ | ☐ | ☐ |

## *My parents tell me it is important . . .*

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 50. to help other people | ☐ | ☐ | ☐ | ☐ | ☐ |
| 51. to speak up for everyone having the same rights and chances in life | ☐ | ☐ | ☐ | ☐ | ☐ |
| 52. to stand up for what I believe, even when others don't agree with me | ☐ | ☐ | ☐ | ☐ | ☐ |
| 53. not to smoke cigarettes or use chewing tobacco | ☐ | ☐ | ☐ | ☐ | ☐ |
| 54. not to use alcohol | ☐ | ☐ | ☐ | ☐ | ☐ |
| 55. to always wear a helmet when I ride a bike | ☐ | ☐ | ☐ | ☐ | ☐ |
| 56. to admit it when I make a mistake or get into trouble | ☐ | ☐ | ☐ | ☐ | ☐ |
| 57. to tell the truth, even when it is hard | ☐ | ☐ | ☐ | ☐ | ☐ |
| 58. to eat healthy foods like fruits and vegetables | ☐ | ☐ | ☐ | ☐ | ☐ |
| 59. to be proud of my own cultural heritage | ☐ | ☐ | ☐ | ☐ | ☐ |

## How much do you agree or disagree?

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 60. My parents tell me it's okay to ask them questions about the changes boys and girls go through as they grow up. | ☐ | ☐ | ☐ | ☐ | ☐ |
| 61. My parents let me help with family decisions | ☐ | ☐ | ☐ | ☐ | ☐ |

## *My parents tell me it is important . . .*

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 62. to treat handicapped or disabled people the same way I treat everybody else | ☐ | ☐ | ☐ | ☐ | ☐ |
| 63. to play with kids who are not the same race or culture as me | ☐ | ☐ | ☐ | ☐ | ☐ |
| 64. to spend time with different kinds of people, not only people just like me | ☐ | ☐ | ☐ | ☐ | ☐ |
| 65. to have some friends who are not the same race or culture as me | ☐ | ☐ | ☐ | ☐ | ☐ |
| 66. to learn from people who are different from me | ☐ | ☐ | ☐ | ☐ | ☐ |

## *My parents have rules about . . .*

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 67. which TV shows I watch | ☒ | ☒ | ☒ | ☒ | ☒ |
| 68. how late I stay up | ☒ | ☒ | ☒ | ☒ | ☒ |
| 69. what I can do with my friends | ☒ | ☒ | ☒ | ☒ | ☒ |
| 70. what I can do after school | ☒ | ☒ | ☒ | ☒ | ☒ |

## *How often does one of your parents . . .*

| | Always | Almost Always | Sometimes | Almost Never | Never |
|---|---|---|---|---|---|
| 71. help you with your schoolwork? | ☒ | ☒ | ☒ | ☒ | ☒ |
| 72. talk to you about what you are doing in school? | ☒ | ☒ | ☒ | ☒ | ☒ |
| 73. ask you about homework? | ☒ | ☒ | ☒ | ☒ | ☒ |
| 74. go to meetings or events at your school? | ☒ | ☒ | ☒ | ☒ | ☒ |
| 75. talk with you about how doing well in school can help you in the future? | ☒ | ☒ | ☒ | ☒ | ☒ |

## In your family, how much do *you* get to HELP DECIDE these things?

| | A lot | Some | I don't get to help decide |
|---|---|---|---|
| 76. What you can watch on TV | ☒ | ☒ | ☒ |
| 77. What clothes you wear to school | ☒ | ☒ | ☒ |
| 78. Where you spend your time after school | ☒ | ☒ | ☒ |
| 79. What music you can buy or listen to | ☒ | ☒ | ☒ |
| 80. What your bedtime is on weekends | ☒ | ☒ | ☒ |

**Think about the adults in your family OTHER THAN your parents, like your grandparents, aunts, or uncles. How much do you agree or disagree? Most of those other adults <u>in my family</u> . . .**

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 81. spend a lot of time helping other people | ☒ | ☒ | ☒ | ☒ | ☒ |
| 82. show me what is right and wrong | ☒ | ☒ | ☒ | ☒ | ☒ |
| 83. teach me to respect people who are not the same race or culture as me | ☒ | ☒ | ☒ | ☒ | ☒ |
| 84. help me understand how to spend, share, and save money | ☒ | ☒ | ☒ | ☒ | ☒ |
| 85. help me with decisions I have to make | ☒ | ☒ | ☒ | ☒ | ☒ |

**86. How much school has your dad (or step-dad or male foster parent) had? (Answer about the one you live with most of the time.)**

- ☒ Grade school or less
- ☒ Some high school
- ☒ Finished high school
- ☒ Some college
- ☒ Finished college
- ☒ Went past college
- ☒ Don't know

**87. How much school has your mom (or step-mom or female foster parent) had? (Answer about the one you live with most of the time.)**

- ☒ Grade school or less
- ☒ Some high school
- ☒ Finished high school
- ☒ Some college
- ☒ Finished college
- ☒ Went past college
- ☒ Don't know

## 3: ABOUT THE ADULTS I KNOW

**<u>Other than in your family</u>, think about the adults you have known for a long time. These could be neighbors, teachers, coaches or parents of friends.**

**<u>How many of the adults you've known for a long time</u> . . .**

| | None | 1 or 2 | 3 | More than 3 |
|---|---|---|---|---|
| 88. do you really like to spend time with? | ☒ | ☒ | ☒ | ☒ |
| 89. do you get to talk with a lot? | ☒ | ☒ | ☒ | ☒ |
| 90. talk with you so you really get to know each other? | ☒ | ☒ | ☒ | ☒ |

Other than in your family, think about the adults who you have known for a long time. These could be neighbors, teachers, coaches or parents of friends.

**How much do you agree or disagree?**

| Most of the adults I've known for a long time . . . | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 91. spend a lot of time helping other people | ☒ | ☒ | ☒ | ☒ | ☒ |
| 92. show me what is right and wrong | ☒ | ☒ | ☒ | ☒ | ☒ |
| 93. teach me to respect people who are not the same race or culture as me | ☒ | ☒ | ☒ | ☒ | ☒ |
| 94. help me understand how to spend, share, and save money | ☒ | ☒ | ☒ | ☒ | ☒ |
| 95. help me with decisions I have to make | ☒ | ☒ | ☒ | ☒ | ☒ |

## 4: ABOUT MY SCHOOL

| How much do you agree or disagree? | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 96. My teachers really care about me | ☒ | ☒ | ☒ | ☒ | ☒ |
| 97. The kids in my class are friendly to me | ☒ | ☒ | ☒ | ☒ | ☒ |
| 98. My teachers make me feel good about what I do at school | ☒ | ☒ | ☒ | ☒ | ☒ |
| 99. I like my teachers | ☒ | ☒ | ☒ | ☒ | ☒ |
| 100. The kids in my class treat me with respect | ☒ | ☒ | ☒ | ☒ | ☒ |
| 101. My teachers tell me I can do things well | ☒ | ☒ | ☒ | ☒ | ☒ |
| 102. If I break a rule at school, I will get in trouble | ☒ | ☒ | ☒ | ☒ | ☒ |
| 103. My teachers expect me to be the best I can be | ☒ | ☒ | ☒ | ☒ | ☒ |
| 104. At school I try as hard as I can to do my best work | ☒ | ☒ | ☒ | ☒ | ☒ |
| 105. It bothers me when I don't do something well at school | ☒ | ☒ | ☒ | ☒ | ☒ |
| 106. One of my goals in class is to learn as much as I can | ☒ | ☒ | ☒ | ☒ | ☒ |

## How much do you agree or disagree?

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 107. It's important to me that I really understand my classwork | ☐ | ☐ | ☐ | ☐ | ☐ |
| 108. I can do well in school if I want to | ☐ | ☐ | ☐ | ☐ | ☐ |
| 109. I like other adults at my school (such as the librarian, principal, or school nurse) | ☐ | ☐ | ☐ | ☐ | ☐ |
| 110. My teachers let me help with classroom decisions | ☐ | ☐ | ☐ | ☐ | ☐ |
| 111. I am interested in the things we study at school | ☐ | ☐ | ☐ | ☐ | ☐ |
| 112. I often skip school because I'm afraid of being hurt there | ☐ | ☐ | ☐ | ☐ | ☐ |
| 113. I look forward to going to school | ☐ | ☐ | ☐ | ☐ | ☐ |

**114. What grades do you usually get in Math?**

- ☐ Mostly A's, or Outstanding/Excellent marks
- ☐ Mostly B's, or Good/Above average marks
- ☐ Mostly C's, or Satisfactory/Average marks
- ☐ Mostly D's, or Needs improvement/Below average marks
- ☐ Mostly F's, or Failing marks

**115. What grades do you usually get in Reading and Writing, Language Arts, or English?**

- ☐ Mostly A's, or Outstanding/Excellent marks
- ☐ Mostly B's, or Good/Above average marks
- ☐ Mostly C's, or Satisfactory/Average marks
- ☐ Mostly D's, or Needs improvement/Below average marks
- ☐ Mostly F's, or Failing marks

**116. What grades do you usually get in the rest of your classes other than Math and English?**

- ☐ Mostly A's, or Outstanding/Excellent marks
- ☐ Mostly B's, or Good/Above average marks
- ☐ Mostly C's, or Satisfactory/Average marks
- ☐ Mostly D's, or Needs improvement/Below average marks
- ☐ Mostly F's, or Failing marks

# 5: ABOUT MY FRIENDS

## Think of your good friends around your age, either in or outside of school. How many of these friends . . .

| | None | Some | Most | All |
|---|---|---|---|---|
| 117. have ever drunk alcohol (such as beer or wine), not including for religious ceremonies? | ☐ | ☐ | ☐ | ☐ |
| 118. have ever used other drugs that are bad for them? | ☐ | ☐ | ☐ | ☐ |
| 119. get good grades in school? | ☐ | ☐ | ☐ | ☐ |
| 120. get into trouble at school? | ☐ | ☐ | ☐ | ☐ |
| 121. care about what is right and wrong? | ☐ | ☐ | ☐ | ☐ |
| 122. show they respect you? | ☐ | ☐ | ☐ | ☐ |

## How much do you agree or disagree?

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 123. I am good at making and keeping friends | ☐ | ☐ | ☐ | ☐ | ☐ |
| 124. I feel really sad when one of my friends is unhappy | ☐ | ☐ | ☐ | ☐ | ☐ |
| 125. I have friends at school | ☐ | ☐ | ☐ | ☐ | ☐ |
| 126. I have friends to play with in my neighborhood | ☐ | ☐ | ☐ | ☐ | ☐ |
| 127. My friends help me when I ask them to | ☐ | ☐ | ☐ | ☐ | ☐ |

# 6: ABOUT MY NEIGHBORHOOD

## How much do you agree or disagree?

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 128. Adults in my neighborhood care about me | ☐ | ☐ | ☐ | ☐ | ☐ |
| 129. Adults in my neighborhood know my name | ☐ | ☐ | ☐ | ☐ | ☐ |
| 130. Adults in my neighborhood make me feel important | ☐ | ☐ | ☐ | ☐ | ☐ |
| 131. Adults in my neighborhood listen to me | ☐ | ☐ | ☐ | ☐ | ☐ |
| 132. If kids were being loud and bothering people in my neighborhood, my neighbors would tell them to stop | ☐ | ☐ | ☐ | ☐ | ☐ |
| 133. Sometimes I play inside because I am afraid that someone in my neighborhood might hurt me | ☐ | ☐ | ☐ | ☐ | ☐ |
| 134. My neighbors tell me if they see me do something good | ☐ | ☐ | ☐ | ☐ | ☐ |
| 135. If kids were teasing or bullying someone in my neighborhood, my neighbors would tell them to stop | ☐ | ☐ | ☐ | ☐ | ☐ |

# 7: ABOUT MY THINGS I DO

## How much do you agree or disagree?

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 136. I go to clubs or groups that give me chances to help others (such as reading to younger children or cleaning up a park) | ☐ | ☐ | ☐ | ☐ | ☐ |
| 137. I like reading things for fun | ☐ | ☐ | ☐ | ☐ | ☐ |

## How much do you agree or disagree?

| | Strongly Disagree | Disagree | Not Sure | Agree | Strongly Agree |
|---|---|---|---|---|---|
| 138. I sometimes think about what my life means | ☐ | ☐ | ☐ | ☐ | ☐ |
| 139. When I'm at home, I spend most of my free time playing video games or watching TV | ☐ | ☐ | ☐ | ☐ | ☐ |
| 140. I like to learn by going to places like museums, zoos, libraries, or science centers | ☐ | ☐ | ☐ | ☐ | ☐ |
| 141. I like learning new things, even if they're not what we're studying at school | ☐ | ☐ | ☐ | ☐ | ☐ |
| 142. Most days during the week, I read nonschool stuff just for fun (book, magazine, newspaper, or web pages) | ☐ | ☐ | ☐ | ☐ | ☐ |
| 143. I sometimes wonder what my purpose is in life | ☐ | ☐ | ☐ | ☐ | ☐ |
| 144. Most days during the week, I spend some of my free time doing things with my parents, like working on a project, playing, or reading together | ☐ | ☐ | ☐ | ☐ | ☐ |

## During a normal week, how many times do you . . .

| | None | 1 | 2 or more times |
|---|---|---|---|
| 145. go to things outside of school like music, art, drama, dance, or writing programs? | ☐ | ☐ | ☐ |
| 146. play on a sports team (or help with the team in some way)? | ☐ | ☐ | ☐ |
| 147. go to clubs or activities other than sports (like computer club, chess club, 4-H, YMCA/YWCA, or Boys and Girls Clubs)? | ☐ | ☐ | ☐ |
| 148. go to programs, activities, or services at a church, synagogue, temple, mosque, or other religious or spiritual place? | ☐ | ☐ | ☐ |

149. If someone at my school hit me or pushed me for no reason, the FIRST thing I'd do would be . . .

- ☐ Hit or push them right back
- ☐ Try to hurt them worse than they hurt me
- ☐ Try to talk to this person and work out our problems
- ☐ Just ignore it and do nothing
- ☐ Talk to an adult

| | None | 1 | 2 | 3 | 4 or more days |
|---|---|---|---|---|---|
| 150. How many days a week do you spend some time helping family members or friends? | ☐ | ☐ | ☐ | ☐ | ☐ |
| 151. How many days a week do you spend some time helping neighbors? | ☐ | ☐ | ☐ | ☐ | ☐ |
| 152. How many days a week do you spend some time helping other people at your school, church, synagogue, mosque, temple, or some other place? | ☐ | ☐ | ☐ | ☐ | ☐ |

## How much do you do each of the following things when you have a problem of any kind?

| | A lot | Sometimes | A little | Never |
|---|---|---|---|---|
| 153. I discuss the problem with my parents or other adults | ☒ | ☒ | ☒ | ☒ |
| 154. I try to find different solutions to the problem | ☒ | ☒ | ☒ | ☒ |
| 155. I look for information to help me in magazines or books or on the Internet | ☒ | ☒ | ☒ | ☒ |
| 156. I ask my friends for help solving the problem | ☒ | ☒ | ☒ | ☒ |

## Some kids have done or felt the following things, and some have not. How often have you done or felt each of these things?

| | 4 or more times | 2 or 3 times | 1 time this year | Never |
|---|---|---|---|---|
| 157. During the last year, how many times have you had alcohol to drink (not including for religious ceremonies)? | ☒ | ☒ | ☒ | ☒ |
| 158. During the last year, how many times have you smoked cigarettes? | ☒ | ☒ | ☒ | ☒ |
| 159. During the last year, how many times have you used marijuana (grass, pot)? | ☒ | ☒ | ☒ | ☒ |
| 160. During the last year, how many times have you damaged property just for fun (such as breaking windows, scratching a car, spraying paint on buildings or sidewalks, etc.)? | ☒ | ☒ | ☒ | ☒ |
| 161. During the last year, how many times have you hit or beat up someone? | ☒ | ☒ | ☒ | ☒ |

**162. How often did you feel really sad or depressed during the last month?**

- ☒ 4 or more times
- ☒ 2 or 3 times
- ☒ 1 time this month
- ☒ 1 time before this month
- ☒ Never

**163. In the last year, has anyone hurt you by punching, hitting, slapping, or scratching you?**

☒ Yes ☒ No ☒ Not sure

**164. On a normal school day, how much time do you spend with any adults (parents, other family, teachers, neighbors, etc.) from when school ends until dinner?**

- ☒ I don't spend any time with an adult
- ☒ 1 hour a day
- ☒ 2 hours a day
- ☒ 3 hours a day
- ☒ More than 3 hours a day

**165. On a normal school day, how many hours do you spend watching TV or videos or playing video games, counting before school, after school, and at night?**

- ☒ I don't spend any time that way
- ☒ 1 hour a day
- ☒ 2 hours a day
- ☒ 3 hours a day
- ☒ More than 3 hours a day



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