

### A skit about teen prescription drug abuse

This is a skit-based activity in which participants first observe the aftermath of a prescription drug abuse scenario (Scene 2) and then conceive and act out the events that elicited this situation (Scene 1). The provided scenario addresses the dangers of abusing oxycodone but can be adapted for other commonly abused prescription drugs.

#### Instructions:

This activity can be initiated by two different approaches:

- 1) Divide teens into groups of 3-8 students and provide each group with the written synopsis of Scene 2 (the aftermath), OR
- 2) Follow the above approach but instead of reading the synopsis, perform Scene 2 for the entire group using the program facilitators or student volunteers as actors.

After introducing the content of Scene 2, read the assignment (on the last page) and allow the students to convene with their groups to develop and practice their Scene 1. After 10-15 minutes, re-convene everyone and begin the groups' performances of Scene 1. After the completion of all performances, allow students to comment on the performances and answer any questions.

#### Synopsis of Scene 2

A mother comes home to find her daughter Jacky acting very confused and "out-of-it". She is holding an empty bottle of oxycodone, and her breathing is quite slow. Her mother rushes her to the hospital, where the doctor is very concerned about Jacky's drug overdose symptoms. Her mother is desperate to know what led Jacky to this circumstance and asks her daughter "What happened?!?"

#### Script for Scene 2

*Setting: At home with Jacky (a teenager) and her mom (who has just arrived)*

**Mom:** Jacky??

**Jacky:** Ohhh heyyyyy mom! (Jacky holding empty prescription drug bottle, stumbling with slurred speech)

**Mom:** What's wrong with you...Why are you walking like that?

**Jacky:** What do you mean...I'm fine!

**Mom:** What do you mean what do I mean?? What is this? Oxycodone? Oh my gosh! I'm calling poison control!!



# Scene 2 - The Aftermath

**YOUTH program**

*Setting: Your County's Poison Control Center*

*Ring Ring...*

**Operator:** [Insert County Name] Poison control, what is your emergency?

**Mom:** It's my daughter Jacky! Something is wrong!

**Operator:** Okay ma'am calm down... now look around do you see anything she may have taken while you were away?

**Mom:** Well I found her holding an empty bottle of oxycodone!

**Operator:** Do you know how much she took??

**Mom:** Maybe 2-3 pills? I don't really know!

**Operator:** How is she acting??

**Mom:** She can't stand up straight and is falling all over the place. She seems just dazed and confused and she's breathing really slowly! I'm worried! I have never seen her like this!

**Operator:** This really concerns me. You need to take her to the hospital immediately.

**Mom:** Okay come on Jacky, we have to go now!

*Setting: Emergency Department. Jacky walks in stumbling and falls into the chair.*

**Doctor:** So what is your emergency??

**Mom:** Doctor, I don't know what happened. I left her alone for a few hours and found her like this.

**Doctor:** Hmmm. Well let me examine her and we'll try to figure out what is wrong.

**Mom:** Okay I'm going to step out and make a call to my husband

Bob, Yeah I'm at the hospital with Jacky! What? I'm just, I'm just so worried. No I don't know what happened. I'm terrified and don't know what to do; I just keep thinking I never should have left her alone!! Okay, well I have to go...yeah I'll let you know when I know more!

**Mom:** Doctor, do you know anything?!?!

**Doctor:** Well, her blood pressure is low and her breathing and heart rate are slow and very abnormal. Ma'am these are all signs of a drug overdose, and this is very serious!

**Mom:** Oh my gosh, Jacky you have to tell me what happened!

## **Read assignment to students:**

What did Jacky do to place her in this situation?

You decide! Work with your group members to act out what happened to Jacky BEFORE this scene.

In other words, you need to create Scene 1!

Your Scene 1 skit should last about 5 minutes. Be creative!

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This program is made possible with a grant from the Cardinal Health Foundation.

